





#### WHEN OUTDOOR OPEN FUTURE



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### Increased participation



Gender equality encourages broader female participation in sports at all levels, from grassroots to professional, enhancing diversity and inclusion.



### IMPROJED HEALTH AND WELL-BEING



Gender equality in sports can help improve the physical and mental health of women by providing regular opportunities for physical exercise, which helps prevent lifestyle-related diseases.



### ECONOMIC DEVELOPMENT



Increasing female participation in sports can also drive economic growth through increased sales of merchandise, tickets, and media rights, expanding the sports market.



### Inspiration and role models



Visibility of women in sports provides positive role models for young girls, encouraging them to participate and strive for success in various life aspects.



### ENHANCED LIFE SKILLS



Participating in sports helps develop important skills like teamwork, leadership, and resilience, which are beneficial outside the sports arena as well.



### Increased community engagement



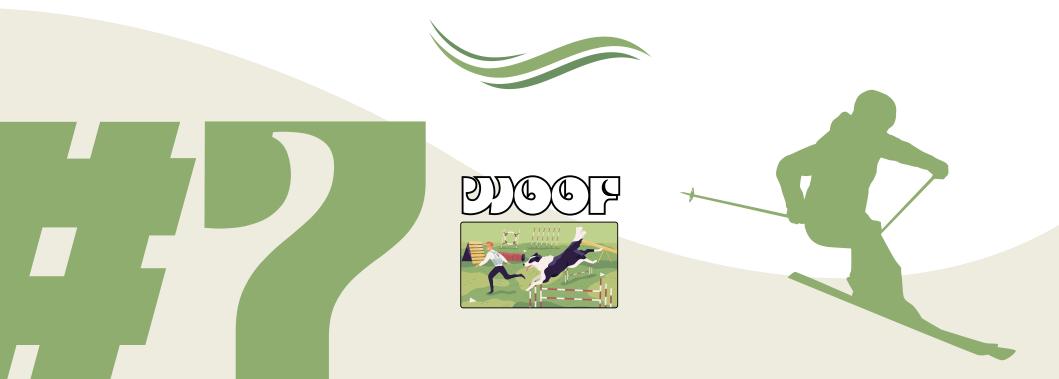
Gender equality in sports can increase community involvement, promoting inclusive events and boosting local support for sports initiatives.



### GREATER INNOVATION AND CREATIVITY



Inclusive and diverse environments are often more innovative and creative. Having mixed or diverse sports teams can lead to new ideas and approaches in coaching, management, and game strategy.



# IMPROVED SPORTS ETHICS AND REDUCTION OF NEGATIVE SEXISM



Promoting gender equality helps counter gender stereotyping and unbalanced power dynamics, improving overall sports ethics.



### PROMOTION OF JUSTICE AND EQUALITY



Striving for gender equality in sports reaffirms the importance of gender equality as a fundamental societal principle, positively influencing other industries and sectors.





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# ACHIEVING GENDER EQUALITY IN SPORTS BRINGS NUMEROUS BENEFITS



#### **INCREASED PARTICIPATION:**

Gender equality encourages broader female participation in sports at all levels, from grassroots to professional, enhancing diversity and inclusion.

#### IMPROVED HEALTH AND WELL-BEING:

Gender equality in sports can help improve the physical and mental health of women by providing regular opportunities for physical exercise, which helps prevent lifestyle-related diseases.

#### **ECONOMIC DEVELOPMENT:**

Increasing female participation in sports can also drive economic growth through increased sales of merchandise, tickets, and media rights, expanding the sports market.

#### INSPIRATION AND ROLE MODELS:

Visibility of women in sports provides positive role models for young girls, encouraging them to participate and strive for success in various life aspects.

#### **EQUITY IN PAY AND SPONSORSHIPS:**

Reducing the gender gap can lead to greater equity in pay and sponsorship opportunities for athletes, contributing to fairer economic treatment.

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